SBS CyberSecurity

Agenda

- Threats
 - Cyber Crime Statistics
 - Ransomware
 - BEC/CATO
 - Social Engineering
 - Phishing, Vishing, Smishing, Impersonation
- Prevention
 - NIST Small Business top 20 controls
 - Protect data with encryption, including email
 - Education
 - Remote workforce controls
 - Password Manager/Vault
 - MFA
- Response
 - Cyber Insurance
 - Incident Response Planning



Eye Opening Statistics!

- 95% of cybersecurity breaches are due to human error
- There is a hacker attack every 11 seconds
- Data Breach Investigations Report found that 94% of malware was delivered by email.
- 95% of all cyber attacks use social engineering tactics.
- 93% of company networks can be penetrated by cybercriminals. (betanews.com)



You are of Value to a Hacker

- Customer Information: social security numbers, bank account numbers, birthdates, addresses, and contact information
- Employee Information: social security numbers, bank account numbers, birthdates, addresses, and contact information
- Sensitive Corporate Information: trade secrets, software licenses
- Email Accounts: can be compromised and used to send more phishing emails or initiate email fraud attacks
- Social Media Accounts: can be compromised to spread false information or defamatory statements
- Computer Assets: can be used by hackers to host their information, serve as pivot-points for other attacks, or used to attack (DDos) other computers or networks



Data Breaches?

- 7 Most Common Causes of Data Breach
 - Weak and Stolen Credentials, a.k.a. Passwords
 - Back Doors, Application Vulnerabilities
 - Malware
 - Social Engineering
 - Too Many Permissions
 - Insider Threats
 - Improper Configuration and User Error

Is There Apathy for Cybersecurity?



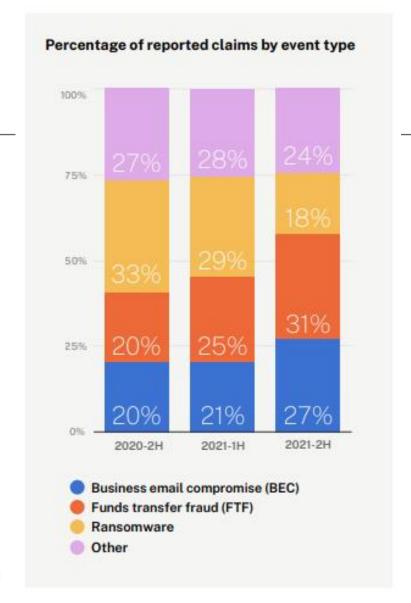
- "We don't have anything of value; why would someone want to hack us?"
- "We're too small of a company for a hacker to target."
- "We're in a small, rural area; no one knows who we are."
- "IT will take care of it."
- "We've got a firewall, so we're protected."
- "We trust our people not to fall for scams."
- "We've got insurance; we're covered."



No business is immune to cybercrimes!

Fraudulent Event Types





Coalition

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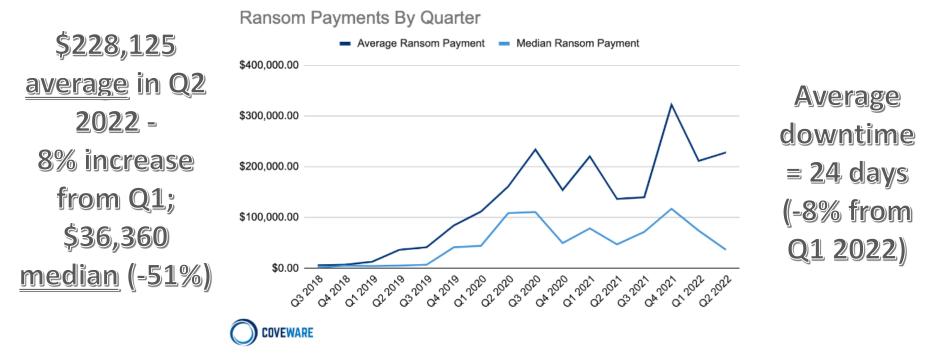
What is Ransomware?



- Ransomware is a type of malicious software designed to block access to a computer system or mobile device until a sum of money is paid.
- Ransomware is also referred to "Cyber Extortion".
- Two types of Ransomware:
 - <u>Locker</u> ransomware denies access to the computer or device.
 - <u>Crypto</u> ransomware prevents access to files or data.
- Ransomware is often spread through phishing emails that contain malicious attachments or when a user unknowingly visits an infected website and then malware is downloaded and installed without the user's knowledge.



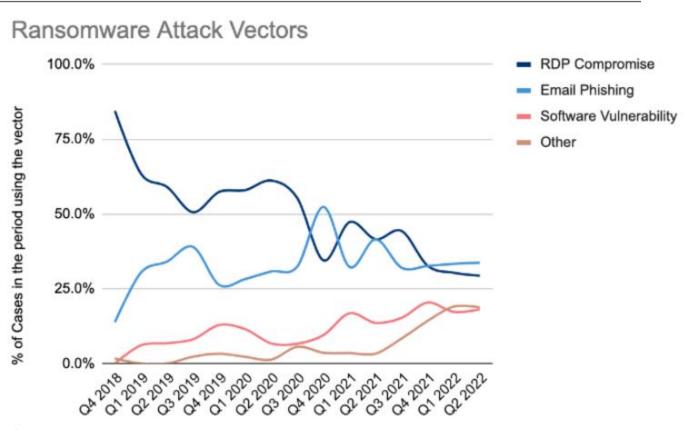




https://www.coveware.com/blog/2022/7/27/fewer-ransomware-victims-pay-as-medium-ransom-falls-in-q2-2022





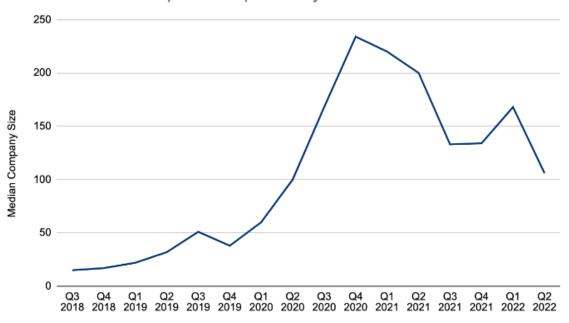




Ransomware Trends



Median Size of Companies Impacted by Ransomware



85% of Ransomware attacks in Q2 involved data exfiltration

107 = Median # of
Employees of
Ransomware victims
(81% - less than 1000)



https://www.coveware.com/blog/2022/7/27/fewer-ransomware-victims-pay-as-medium-ransom-falls-in-q2-2022



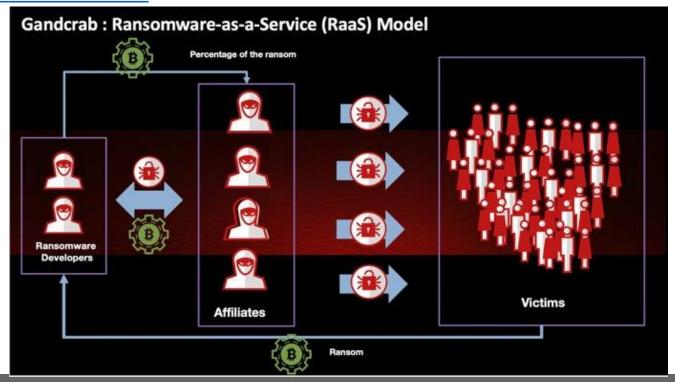
Ransomware Statistics

- Q2 2022 Average downtime, 24 days. (Coveware)
- 46% of enterprise ransomware victims paid the ransom in Q1 2022. However, only 66% were able to fully recover their data. (Coveware)
- Full cost of remediation (getting back to business operations) increases to \$1.85M on average
- Remember:
 - Paying the ransom doesn't guarantee getting your data back
 - Getting decryption codes doesn't guarantee you'll get your data back
 - You still have to restore, test, and capture manual input from the downtime
- 37 percent of respondents' organizations were affected by ransomware attacks in the last year. (Sophos)
- Cyber Insurance pays 94% or time if it includes ransomware coverage
- In 2022, approximately 71% of all ransomware attacks were successful



Ransomware-as-a-Service

- •True story: CandGrab RaaS admins RETIRED after making \$2B
 - •https://www.bankinfosecurity.com/ransomware-as-gandcrab-retires-sodinokibi-rises-a-12788





Ransomware Best Practices

- Eliminate or Secure RDP
- Offline Backups
- MFA
- Patch Management
- Social Engineering Training



2021 Trends Show Increased Globalized Threat of Ransomware

SUMMARY

In 2021, cybersecurity authorities in the United States, [1][2][3] Australia, [4] and the United Kingdom[5] observed an increase in sophisticated, high-impact ransomware incidents against critical infrastructure organizations globally. The Federal Bureau of Investigation (FBI), the Cybersecurity and Infrastructure Security Agency (CISA), and the National Security Agency (NSA) observed incidents involving ransomware against 14 of the 16 U.S. critical infrastructure sectors, including the Defense Industrial Base, Emergency Services, Food and Agriculture, Government Facilities, and Information Technology Sectors. The Australian Cyber Security Centre (ACSC) observed continued ransomware

Immediate Actions You Can Take Now to Protect Against Ransomware:

- <u>Update</u> your operating system and software.
- Implement user training and phishing exercises to raise awareness about the risks of <u>suspicious links and</u> attachments.
- If you use <u>Remote Desktop Protocol</u> (RDP), secure and monitor it.
- Make an offline backup of your data.
- Use multifactor authentication (MFA).

<u>Source</u>



What's in Your Email?

sbscyber.com

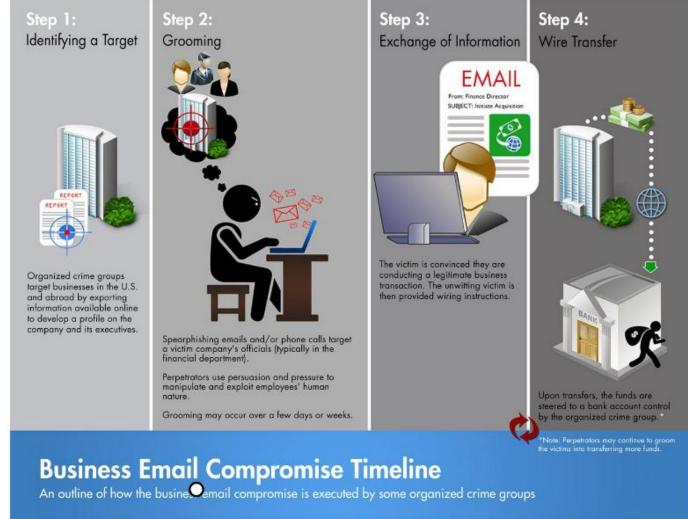


Email Compromise

- Business email compromise (BEC)
 - Hack into an executive or finance department email through phishing attempts
 - Spoof an email with a similar looking email
 - Create a domain and email format to look like the business.
- BEC is used to gather data, convince someone to send money, or collect on a past due bill with instructions to send the money to the hacker account
- Vendor email compromise (VEC)
 - Same motivation as BEC but the fraud goes up stream and down stream.
 - Email attempts to customers and to your vendors vendor
- FinCEN says BEC nets an average of \$50,000 and VEC nets an average of \$125,000.

Business **Email** Compromise (BEC)





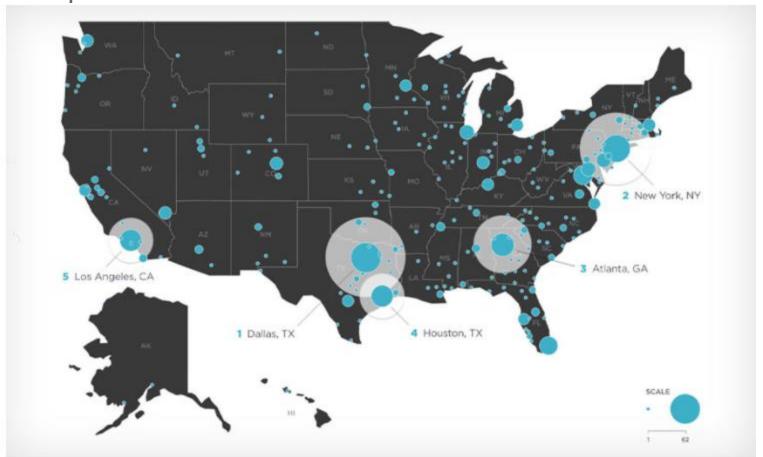


BEC Red Flags

- Unusual and/or unexplained urgency
- Last minute changes in wire instructions or recipient account information
- Last minute changes in established communication platforms or email account addresses
- Communications only in email and refusal to communicate via telephone or online voice or video platforms
- Requests for advanced payment of services when not previously required
- Requests from employees to change direct deposit information

BEC Gangs Are US Based

• US Now Second to Nigeria for Business Email CyberSecurity Compromise Fraudsters



This map shows locations of BEC criminal gangs in the U.S. (Source: Agari)



BEC Best Practices

- Know how to identify phished/spoofed emails
- Be careful about what is posted on social media
- Know your customer, ask questions.
 - They might not know they were tricked.
- Follow call-back procedures, NEVER transact based on an email.
 - Control changes to email, rules, and phone address
- Educate customers on:
 - Monitor for "urgent" requests
 - Verify changes to vendor (or employee) account information
 - Notify bank when suspicious activity occurs
- ALWAYS ENABLE MULTIFACTOR AUTHENTICATION!
 - O365 include conditional access





Account Takeover

Account takeover (ATO) occurs in several different ways:

- When criminals use stolen credentials to access a user's online accounts without permission.
- Cyber thieves create online accounts that users have not created:
 - Credit Cards
 - Credit Bureaus (Equifax, Experian, Transunion) and (National Consumer Telecommunications and Utilities Exchange, or <u>nctue.com</u>)
 - Social Security
 - o IRS
 - Cell Phone/Utilities
 - Social Media
- ALWAYS ENABLE MULTIFACTOR AUTHENTICATION!



Corporate Account Takeover

- Cyber criminals gain control of a business' bank account by stealing the business' valid online banking credentials.
 - Deploy multifactor authentication for business account access
 - Should require payment initiation under dual control
 - Should have out-of-band confirmation of payment initiation
 - Should establish and monitor exposure limits

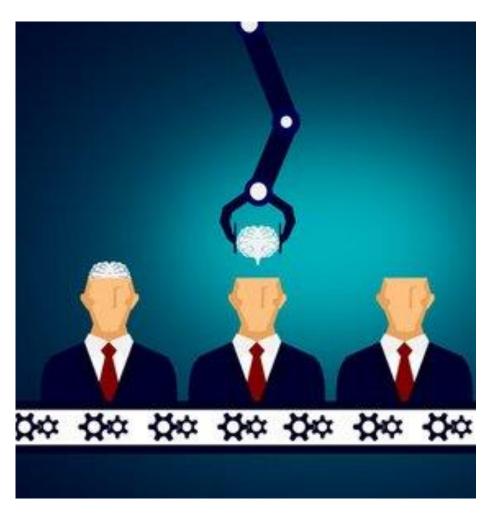
Your Risk

- More than 50% of all small businesses suffered a breach within the last year.
- Incidents cost businesses of all sizes \$200,000 on average
- 66% of senior decision-makers at small businesses still believe they're unlikely to be targeted by online criminals.

Source: CNBC



Social Engineering









- An email should not solicit an emotional response!
- If you are not expecting the email be cautious.
- Sender address isn't correct
 - kschroll@nlnb.com vs
 - kschroll@nlb.com
 - Hover over links to see what URL the link takes you.
- Obvious grammar or spelling errors
- Strange structures
 - Generic greeting
 - Urgent language
 - Generic closing
- Your customers experience compromise and blame you. This can become reputational risk for the institution.



Phishing Example: SharePoint

From: 19281647350 < 19281647350@cynthiawilliamslaw.com>

Sent: Monday, June 28, 2021 12:42 PM

To: 19281647350 < 19281647350@cynthiawilliamslaw.com > Subject: NewDocuments Delivery-Confirmation #17884938-121

EXTERNAL EMAIL - OPEN WITH CAUTION



Success! Your Documents has been Received.

To view, download or print simply click below document.



View Documents Here



Phishing Example: Stimulus

American Express Customer Service <sale@delivery-15765.info>

10:30 AM



Covid-19 Relief Funds





Hello Valued Member,

\$2400 has been assigned for you because of the covid-19 relief stimulus bill.

You are to authenticate your account to be propagated onto our updated servers to receive these benefits.

You have 48 hours to complete the authentication, otherwise your account may be revoked.

Please tap here proceed.

Note: Late pay https://docs.google.com/document/d/e/

2PACX-1vQVI9yIqOK3C-3srmNPRoWNC1aeO4r

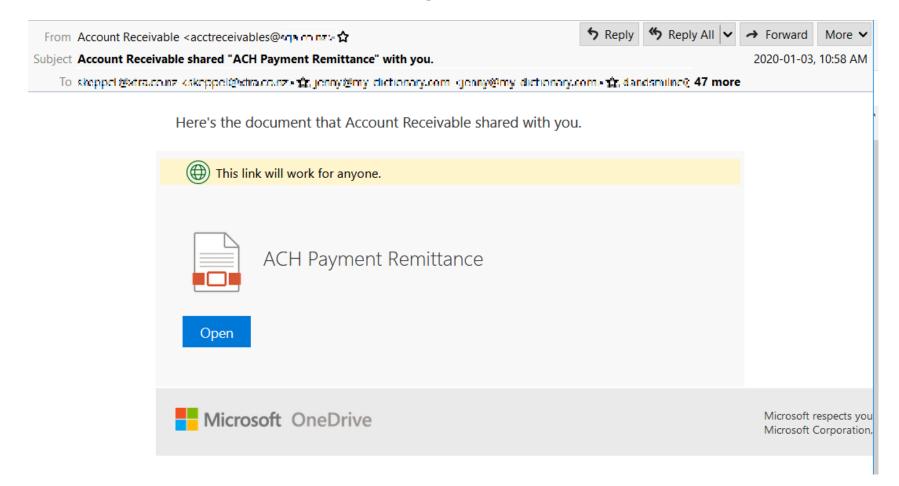
Thank you, American Exp cqKyEKX4FsHWR5pKPTC29mRzA0oxW7pZnYx

Okaeb_jglfHmVv/pub

uthentication.

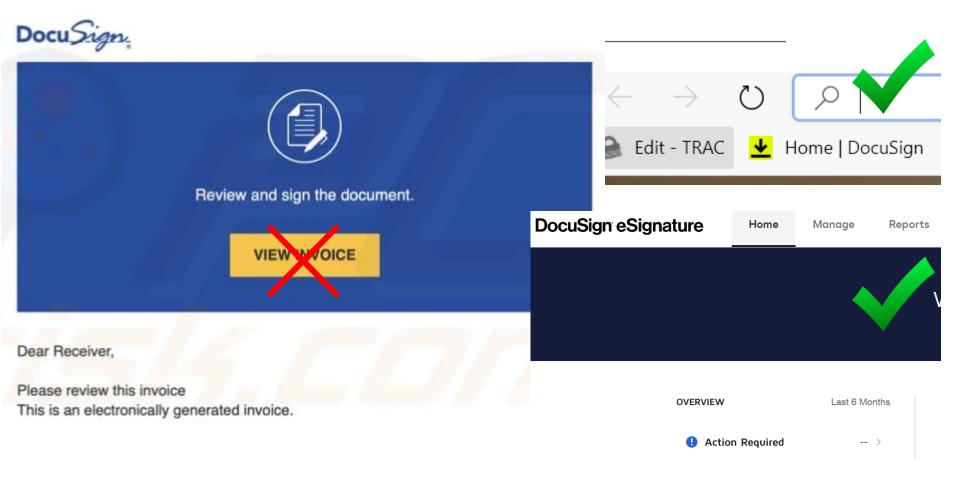


Difficult to identify?



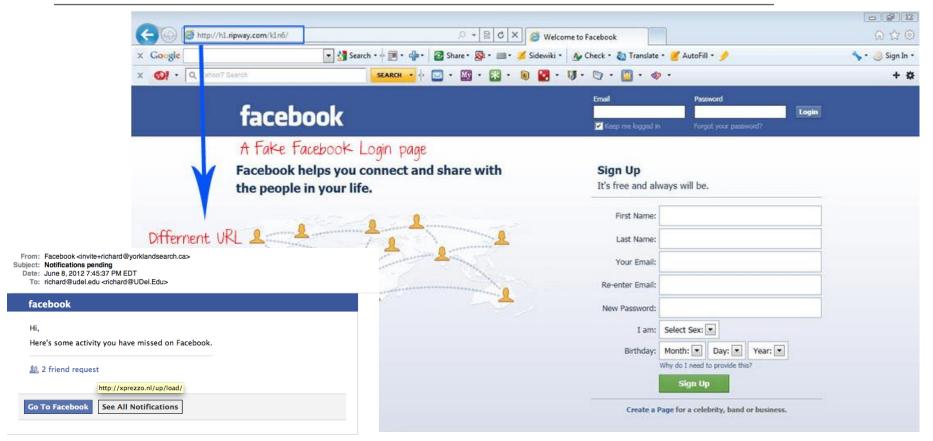


Difficult to identify?





Stealing Credentials



This message was sent to <u>richard@udel.edu</u>. If you don't want to receive these emails from Facebook in the future, please click: <u>unsubscribe</u>.

Facebook, Inc. Attention: Department 415 P.O Box 10005 Palo Alto CA 94303



Popular Phishing Campaigns

Lure	Example	% clicked	Of those, % who then provided credentials	Of those, % who then downloaded a file
Financial	Invoice download	10.17	34.40	16.76
Technology	Secure email	14.17	65.02	81.13
Human resources	Appraisal system	18.21	73.86	72.43
Promotional	Discount voucher	19.46	63.26	87.19
Social media	Connection request	23.83	54.23	80.85

The effectiveness of a phishing campaign.

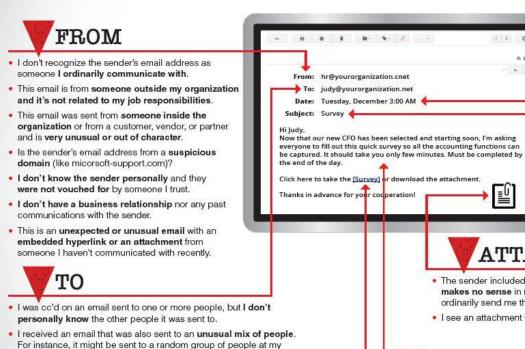
Source: MWR InfoSecurity



The Email Link

- https://sbscyber.com/
- https://www.apple.com/iphone/
- How do you know if these are legitimate links?
- VirusTotal, Google Safe Browsing, Norton Safe Web, Unmaskparasites.com
- Look to the right of "http(s)://" until you encounter the first forward slash (/)
- The domain directly to the left of that first slash is the true destination
- https://www.apple.com.example.com/findmyphone/
- The link above, example.com is the true destination, not apple.com

Social Engineering Red Flags



DATE

 Did I receive an email that I normally would get during regular business hours, but it was sent at an unusual time like 3 a.m.?



- Did I get an email with a subject line that is irrelevant or does not match the message
- Is the email message a reply to something I never sent or requested?

ATTACHMENTS

< > 0-

. .

- The sender included an email attachment that I was not expecting or that makes no sense in relation to the email message. (This sender doesn't ordinarily send me this type of attachment.)
- I see an attachment with a possibly dangerous file type.

CONTENT

- Is the sender asking me to click on a link or open an attachment to avoid a negative consequence or to gain something of value?
- Is the email out of the ordinary, or does it have bad grammar or spelling errors?
- . Is the sender asking me to click a link or open up an attachment that seems odd or illogical?
- . Do I have an uncomfortable gut feeling about the sender's request to open an attachment
- . Is the email asking me to look at a compromising or embarrassing picture of myself or someone I know?

HYPERLINKS

list of unrelated addresses.

 I hover my mouse over a hyperlink that's displayed in the email message, but the link-to address is for a different website. (This is a big red flag.)

organization whose last names start with the same letter, or a whole

- I received an email that only has long hyperlinks with no further information, and the rest of the email is completely blank.
- I received an email with a hyperlink that is a misspelling of a known website. For instance, www.bankofarnerica.com — the "m" is really two characters — "r" and "n."

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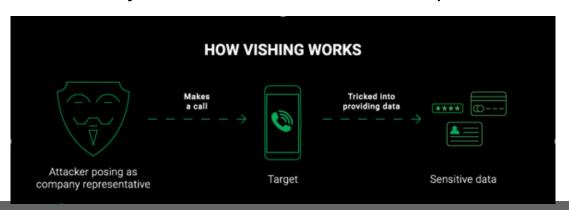
DO NOT CLICK ON ANY UNKNOWN LINKS!

- If you are not sure about the email, caution on the side of not clicking anything or opening attachments.
- Contact the ISO or a member of the IT Department to let them know about the email and they will let you know what to do with it.
- Training is VITAL!



Vishing

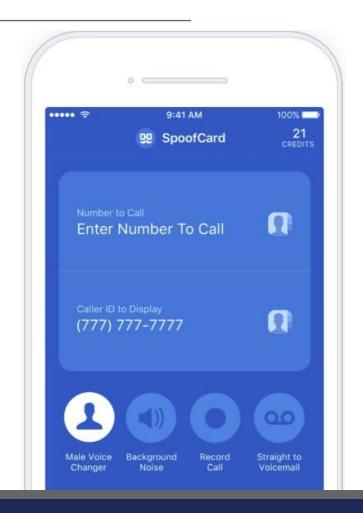
- Voice Phishing (i.e. robocalls)
- Often spoof Caller-ID
- Pose as a legitimate business to steal sensitive information over the phone or visit a website
- Famous examples:
 - Fake IRS "you're going to jail" calls
 - Fake Microsoft Support "you've got a virus" calls
 - Fake Bank "your account has been compromised" calls





How Do You Identify someone?

- Can you use the caller ID on a phone call?
- If a caller knows the last four of a SS #, do you give them information?
- If a caller says they are with law enforcement or the government, do you give them information?





Social Media and Work

- Secure Your Accounts MFA, Restrict Visibility, Alerts
- Does your work allow you to identify yourself as an employee of the company on social media?
- Are there work approved online behaviors identified by your work?
- Are there consequences if you post inappropriate content on social media?
- When your reputation is at risk, your company's reputation is at risk!
- Social Media Policy



CIS Top 18 Cyber Controls



CIS Controls



Version 7: a prioritized set of actions to protect your organization and data from known cyber attack vectors.

CIS Controls V7 separates
the controls into three
distinct categories:

Basic:

Key controls which should be implemented in every organization for essential cyber defense readiness.

Foundational:

Technical best practices provide clear security benefits and are a smart move for any organization to implement.

Organizational:

These controls are more focused on people and processes involved in cybersecurity.

Basic

- 1 Inventory and Control of Hardware Assets
- 2 Inventory and Control of Software Assets
- 3 Continuous Vulnerability Management

- 4 Controlled Use of Administrative Privileges
- Secure Configuration for Hardware and Software on Mobile Devices, Laptops, Workstations and Servers
- 6 Maintenance, Monitoring and Analysis of Audit Logs

Foundational

- 7 Email and Web Browser Protections
- 8 Malware Defenses
- 9 Limitation and Control of Network Ports, Protocols and Services
- Capabilities
- 11 Secure Configuration for Network Devices, such as Firewalls, Routers and Switches

12 Boundary Defense

- 13 Data Protection
- 14 Controlled Access
 Based on the Need
 to Know
- 15 Wireless Access Control
- 16 Account Monitoring and Control

Organizational

- 17 Implement a Security Awareness and Training Program
- 18 Application Software Security
- 19 Incident Response and Management
- 20 Penetration Tests and Red Team Exercises

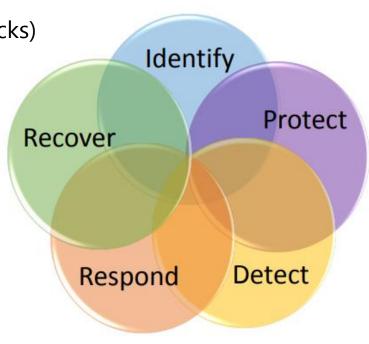
Start by taking care of the basics: build a solid cybersecurity foundation by implementing the [CIS Controls], especially application white-listing, standard secure configurations, reduction of administrative privileges and a quick patching process. ●

Zurich Insurance Group
fluk Mexus: Overcome by cyber risks?
Economic benefits and costs
of alternate cyber futures



Prevention

- NIST 7621 Small Business Information Security Fundamentals
 - Identify
 - Know Employees (background checks)
 - Individual User Accounts
 - Identify and Control Access
 - Policies and Procedures
 - Protect
 - Restrict Access/Permissions
 - Strong Passwords and MFA
 - Surge Protectors/UPS
 - Patch OS and Applications
 - Firewalls (software and hardware)
 - Egress Filtering and Geo-blocking





Prevention

- NIST 7621 Small Business Information Security Fundamentals
 - Protect (continued)
 - Secure Wireless -
 - Admin password, WPA-2 w/AES, Guest Network, SSID, Update Firmware
 - Web and Email Filters
 - Content Filter, Spam Filter, DMARC, SPF, DKIM, Sandboxing
 - Encrypt Data and Email
 - Bitlocker, Secure Email
 - Dispose of Old Computers/MFP's/Equipment/Media Safely
 - Training Cybersecurity Culture
 - Immediately at hire and annually (min)
 - Knowbe4
 - www.sba.gov/media/training/SBA_Cybersec/new/story_html5.html





Train your employees

Phishing #1 and #2 largest business risk



Source: 2021 KnowBe4 Phishing by Industry Benchmarking Report

Note: The initial Phish-Prone percentage is calculated on the basis of all users evaluated. These users had not received any training with the KnowBe4 console prior to the evaluation.

Subsequent time periods reflect Phish-Prone percentages for the subset of users who received training with the KnowBe4 console.





SBS CyberSecurity

Prevention

- NIST 7621 Small Business Information Security Fundamentals
 - Detect
 - Install and update Anti-virus/Anti-Malware w/scripting control
 - CrowdStrike, Sentinel One
 - Maintain and Monitor Logs
 - Respond
 - Develop Plan (BCP, IRP, Pandemic)
 - Recover
 - Data Backups and TEST!
 - Cyber Insurance
 - Continually Advance/Improve Processes/Procedures/Technologies
- Additional Best Practices
 - Vendor Management and Restrict Access
 - O365 Security (sbscyber.com)
 - Utilize results to enhance security

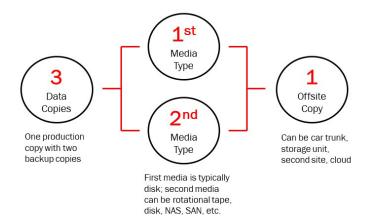


Backups are Critical

Make incremental backups of important business data/information

- Ensure they are complete and work. Test.
- Keep copies <u>offline</u> (Ransomware Proof)
- Make copies often. How much can you loose?
- Replication <u>doesn't</u> count.

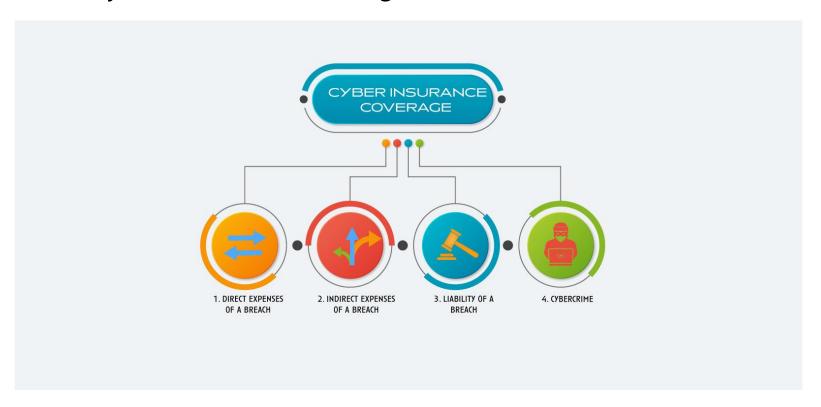






Cyber Insurance

Consider cyber insurance – Getting \$\$\$







Use strong passwords

- Defaults Change Them
- Reuse Never Reuse
- Complexity Make LONG



Password reuse is still a common practice



onelogin











How to Manage Passwords

- Avoid writing down (No sticky note and placing on monitor or under keyboard)
- Do not share with anyone, ever
- Avoid Excel











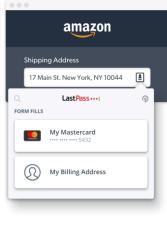


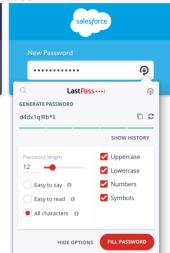












Be Prepared – Incident Response

- Consider a tabletop test roleplay ransomware
 - <u>SBS Testing Example</u> various testing scenarios
 - Testing video <u>Successful Tabletop Testing Strategies</u>
- Document a Plan
- Learn from other businesses incidents



RESOURCE LIBRARY

SBS is your resource for cybersecurity tips, tricks, and best practice guides to help support the cybersecurity culture at your organization. Click the image to download your guide.





Incident Response

- Key items to report:
 - Malicious Software
 - Unauthorized Access
 - Inappropriate Usage
 - Lost / Stolen Device
 - Service Provider breach (credit/debit card)
- For every incident:
 - Step 1: Report the incident to the Information Security Officer (ISO)

Your part in security is to: REPORT ALL SUSPICIOUS ACTIVITY!

What is Multifactor Authentication?



What works as a factor of authentication?

- Something you know This is the most common factor and is easier to compromise. These are usernames, passwords, personal identification number (PIN), or security questions.
- Something you have Hardware token or a One-time passcode. A
 less secure item is a hardware cookie on your device. The
 hardware cookie may easily be compromised.
- Something you are Fingerprints, hand geometry, retinal or iris scans, handwriting, and voice analysis.



Multi-Factor Authentication

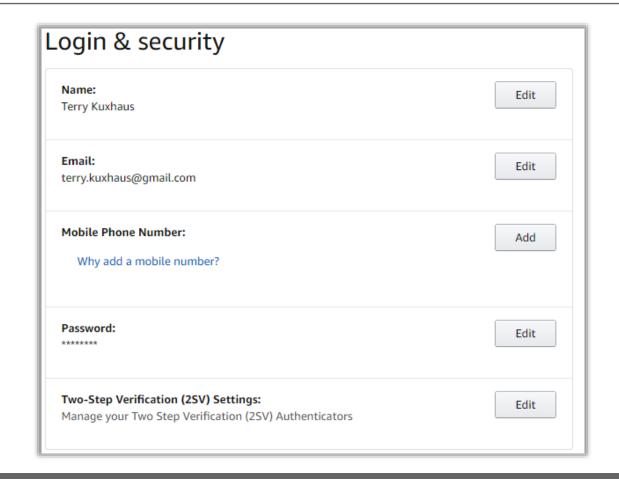


Multi-Factor is a great way to reduce risk of unauthorized access. But like most things Cybersecurity, it can be beaten.





Amazon Multifactor





Two-Step Verification (2SV) Settings			
Two-Step Verification Enabled			Disable
Preferred method			
Authenticator App 1 app enrolled	Add new app	Change	
Backup methods			
+16052227400 Sent by text message		Change	
Add new phone			
Devices that suppress OTP			
suppression cookie is pre		n't require OTP on this browser". As or application will only require a p e.)	_
To make sure your accout to enter an OTP.	int is protected, some actions like	changing your account security set	tings, may still require you
You have 2 devices whe	re OTP is suppressed	Require OTP on all devices	



Mobile Device Threats

- Social engineering phishing, smishing and vishing
- Wireless network security
- Out of date OS or applications
- Data leakage personal cloud storage mixing with business information
- Bring your own device challenges
- Poor password hygiene or no password
- Physical device breaches
- Mobile advertising fraud
- Smishing



Smishing

- Prompt to click a link
- Request personal information or credentials
- Various scams, i.e. Stimulus Money
- Install Mobile Malware
- Protection
 - Never reply or click link
 - Look out for broken grammar, unnatural language
 - Only download apps from app store
 - Watch out for impersonation of Banks, CC, even Amazon
 - Urgent alerts, offers, etc.





How to Protect Yourself

- Controls to mitigate the risks to mobile devices can include:
 - Implementing a mobile device management system.
 - Ensuring mobile devices have anti-virus/anti-malware installed.
 - Ensuring mobile devices and applications are patched/updated.
 - User education on different social engineering tactics.
 - User education on safe browsing habits through the mobile device.
 - Encrypting the mobile device to protect against being lost or stolen.
 - Screen lock is required using a secure password or biometric to unlock the device.
 - Never share device or password with anyone.
 - Do not save confidential data on device if possible.
 - Do not use open WiFi.
 - Personal device backup data to cloud and enable find my device.
- If lost or stolen?



Physical Security



- Removeable media ports are blocked on your computer for a reason.
- Be on the lookout for shoulder surfing.
- Do not leave written passwords on your desk.
- Lock your computer screen when you walk away from your desk.
- Do not leave a phone that has access to Bank information out in plain sight.
- Secure confidential documentation, do not leave them visible on your desk.
- Shred confidential documentation



Remote Workforce Security

- Define Usage Guidelines Acceptable Use Agreement
- VPN (virtual private network), Cloud Access, Desktop Sharing
 - No RDP without VPN
- Enforce Strong Passwords with MFA- Password Vault
- Protect Endpoints Manage via the Cloud
 - Cylance, Sentinel One Anomaly based with scripting control
 - Patching Process/Requirement
 - Web Filtering
 - Centralized logging
- No Personal PCs
 - Managed Devices For Employees Only
 - O365 Conditional Access
- No Open Wi-Fi
- Encrypt Stored Data
- Restrict USB Storage
- Educate Social Engineering, Malicious Activity



Human Firewall

You are the last line of defense in a cybersecurity attack!





It is Up to YOU!

